

NEWS FROM THE CENTER

MARCH 2023



Dear community members,

The month of March came and went quite fast, yet lots of great things happened at Kennedy Heights. We have begun a trial of a new wellness service called Brain Spotting which we will make available for the rest of the community once the staff has given it a try. This has been brought to us through our partnership with the Northside Wellness Partnership group and Be Well Madison. We continue to invest in our team member's well-being through biweekly NVC practices with Greater Madison Conscious Communication and a host of many other Professional Development trainings.

We are all looking forward to the warm days ahead to spend more time outside and get some direct vitamin D. Thank you so much to all of our community partners who continue to support us in this work!

With gratitude, Elsa

OUR MISSION

The mission of the Kennedy Heights Community Center is to create a community support network for low to moderate-income families; increase available resources and programs to improve the lives of residents and to develop and present social, educational, recreational and cultural programs for children, youth and adults.

UPCOMING DATES

- Resident Advisory Committee meets April 12, 5:30-7 pm
- Lunch with Daijah Birchette, April 21, 12:30-1:30 pm
- Parent's Night Out & Cooking Demo with Tylena, April 19, 5:30-7 pm
- Board Meeting April 26 5:30-7 pm
- Pizza with Police, April 27, 5:30-7 pm

JOB OPENINGS & VOLUNTEERING

Kennedy Heights Community Center has an AmeriCorps position opening. Call us or go to our webpage to learn more and apply for the position through AmeriCorps.

2023 Kennedy Heights PASS AmeriCorps Summer Position (300 hrs)

PASS AmeriCorps 23-24 Term Position (900 hrs/1700 hrs)

Volunteers

We always welcome volunteers to support our Youth Programs, our office work, our food pantry, maintenance work and administrative work... If you wish to serve with our rejuvenating organization please reach out to our office.

OFFICE CONTACT INFO & HOURS

199 Kennedy Heights | Phone: (608) 244-0767 | Fax: (608) 661-9190 director@khcommunitycenter.org | office@khcommunitycenter.org School Year Hours: Monday-Friday 10 AM-6 PM Summer Hours: Monday-Friday 9:30 AM-6 PM Computer Lab Open: Monday-Friday 9 AM-6 PM Closed: Holidays and days that Madison Metropolitan School District closes

Facility Use | Computer Lab | Fax, copy, and print

The community center provides space to other non-profit groups that provide programming that fits with the mission of the community center and is available to the community (baby showers, birthday parties, etc..).

YOUTH PROGRAMS

- As the weather continues to change, our youth continue to enjoy a great time outdoors and making use of our own playground and exploring surrounding playgrounds as well.
- They also continue to enjoy their meetings with Madison Reading Project where they not only get to pick books to take home but also get to engage in cool activities.
- Our teens enjoyed a number of outdoor play opportunities on the warmer days we had, and enjoyed playing basketball and video games at Warner Park. They continue to engage in Restorative Justice conversations with Mya from YWCA.









ADULT PROGRAMS



- **Pizza with Police** as with our previous meetings, we had such a meaningful and powerful conversation around children and cellphones, and social media with Officer Lu and community members during the last meeting and we had the privilege of having our Alderman join the conversation.
- The **Parent's Night Out and Cooking Demo** was amazing! Lisa and Yer cooked us a delicious meal and dessert, and our parents engaged in a focus group on Long COVID survey findings with Be Well Madison. Check out our upcoming community event dates.

OUR PARTNERS:

North Madison Collaborators



















