



News From the Heights

20th Anniversary

Many Cultures! One Community Festival

What do the Mayor, Mr. Tricks, and the Kennedy Heights Hmong Dancers all have in common? They will all be appearing at the Kennedy Heights Community Center 20th anniversary celebration on May 6th.

The event planning is in full swing. There will be a stage with performances throughout the day. Performances include Hmong dance, folk singing, Indian dance, juggling, Middle Eastern dance, pop music and much more. In the courtyard area we will have face painting, carnival

games, the Madison Mallards, the Public Library Bookmobile and garden activities hosted by Friends of Troy Gardens. For middle and high school youth Kennedy Heights will host a volleyball tournament during the festival.

In addition to all the activities the Wisconsin Humanities Council is sponsoring a historical exhibit that will be on display in the center during the festival. Can you help us to tell the story of Kennedy Heights? Or do you

have any artifacts from the Kennedy Heights past that we could display?

Another exciting part of the festival will be a food demonstration area, that will highlight foods and cooking from the families of Kennedy Heights. We are still seeking individuals willing to share a recipes.

The next planning committee meeting is Friday March 3rd at noon at the center. All are welcome to help plan the festival. Volunteers are needed throughout the festival day.

Save the Date
May 6, 2006

**Many Cultures-
 One Community
 Festival**

Energy Saving Tips From MG&E

Winter Energy Saving Tips

- < Lower the thermostat at night and when you're away
- < Let the sun in during the day to reduce heating costs
- < Close drapes and shades at night to save money and improve comfort

Txuag Hluav Taws Xob Lub Caij Ntuj No
 i' HUA h'k' n' c' h'g' b' v' u' j' h' j' h' g' h' c' d' ai' u' i' v' d' v'
 thermostat tso loj loj muab tso kom me me xwb.
 i' E' W' e' g' f' u' g' v' u' i' v' n' d' v' n' u' v' h' u' j' h' i' h' u' f' u' u' j' c'
 lub tsev koj thiaj tsis poob nyiaj siv cua sov
 i' HUA h' j' g' h' i' u' k' e' g' f' u' g' h' u' b' c' i' h' u' v' e' g' f' u' g'
 kom tsis txhob no no thiaj tsis poob nyiaj ntau kom tsev xis nyob



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Learn about the Neighbor-to-Neighbor Timebank!

Get help with: School-work, childcare, art and music lessons, transportation and other things you need by trading your time with your neighbors' time.

Give back by doing something you enjoy or helping a neighbor with something you're good at.

People are trading: Snow shoveling, raking, mowing, home visits to elderly people, simple home repair,

cooking, gardening, tutoring, lessons in cooking, art and music, massage, diet and nutrition help, fitness and exercise help, and more!

Learn more at:
www.danecountytimebank.org
 Or
www.northsideplanningcouncil.org/timebank.php

Learn how you can get involved!
Wta Y'hc' h'Y'Á Northside Neighbor-to-Neighbor Timebank Welcome
Tuesday, Feb. 28, 7pm
At Kennedy Heights Community Center (Northport Drive at Kennedy Road)
Childcare provided. Snacks and desserts served

News From the Heights



Greetings from the Executive Director



Are you involved yet? Did you know that each week there are over 60 hours of programming at the community center? Every

hour of the day brings in a different age group: from three to five year olds in the morning through teenagers in the evening.

The community center has programs and opportunities for everyone. Our Early Childhood Program for three to five year olds has two spaces available right now

and will have a number of open spaces in the fall. If your child is already attending school, each day from 3:30- 5:00 PM the after school provides a safe enriching place for elementary school age children. And every evening our Girl Neighborhood Power program or Youth program meets with middle and high school youth. There are opportunities for homework help, cooking classes, arts activities, computer access, and leadership development activities. All children, youth and families are always welcome to come and join programs at the center.

Aside from the children and youth programs the center offers a number of opportunities for adults the theatre ticket program, the k ca Ybñ [fci dZUk YY_`mZcX` pantry, Asian Outreach services, monthly parenting workshops, daily computer access and lots of volunteer opportunities. If you \Uj YbñVz a Y`Vmñ\Y`WbhYf`nYhcf` mci` \Uj Ybññg`c`ddYX`Vm]b`k` \JY` please come visit us.

I hope to see everyone at our 20th anniversary celebration on May 6th.

Sincerely,
Alyssa Kenney

The After School Programs Favorite Messy Recipe! Flubber

Ingredients

#1 - Large Bowl

¾ cup very warm water
1 cup White Glue
Add few drops of food coloring
Mix this combination thoroughly

#2 - Small Bowl

A little more than 1/2 cup very warm water
1 teaspoon Borax
Mix this combination thoroughly

Instructions

Use your hands to mix the contents of the Bowl #2 into Bowl #1.

Lift and turn the mixture until it is fully combined. Discard any leftover liquid.

Enjoy



An Hour or Two a Week is All it Takes

By Jody Schmitz

How about pitching in and helping out at the Community Center during one of those hours you spend flipping the TV from chan- bY` hc` \WUbbY`3Mci` XcbññbYXX` any particular education or training, just a desire to help.

Volunteers are welcome in all of our programs, such as the Early Childhood Program in the mornings and the After School Program in the afternoon. The youth program and girl neighborhood power need volunteers in the

evenings, especially homework tutors.

The weekly Food Pantry on Mondays from 5:00- 6:30 PM, needs volunteers from the community as well. Without volunteers the food pantry program would be impossible to run.

There are many advantages of volunteering at the center. You can make a connection with center staff, learn about a program, meet your neighbors and help to build

a stronger community.

The community center is seeking community leaders to serve on our Board of Directors. Members of the Board of Directors ensure the long term stability of the center; review and approve policies; and plan to support the community center far into the future.

To find out more about the board of directors or other volunteer opportunities please contact Alyssa at the Center 244-0767.



News From the Heights



- Paige Perry
- Michael Rewey
- Robert E. Phillips
- All KHCC Volunteers
- Joanne Brown
- David Meyer Associates
- Constance Palmer
- Charles Smalley
- Betty Carpenter
- Dana Chabot
- Erich Schwenker
- Bruce Newton
- Judy Sperling Newton
- Mel Morgenbessger
- Jeff Erlanger
- Michelle & Joe Mettner
- Target Corporation
- Berbee

Calling all Cooks

By: Anne Pryor

When Kennedy Heights Community Center celebrates its 20th anniversary this summer, we'd like to highlight some of the cultural arts of residents. We're looking for people who love to cook. Would you be willing to show people how you make a favorite food? We're also looking for artists. Would you be willing to show people what you make and demonstrate how you do it? Translators will be available if needed. Contact Alyssa if you'd like to volunteer.

Dr. Seuss Day

Help Support Literacy in Madison!

Join Preschools of Hope Literacy project for a Dr. Seuss themed fundraiser at Old Country buffet on Wednesday March 1st from 3:30! 8:30 PM. The event will include door prizes, special guest readers, and family entertainers. The regular adult meal price is \$9.79 and \$1 of every meal sold will be donated to the Preschools of Hope Literacy project. Old Country Buffet is located at 1745 Parkside Drive on the corner of East Washington and Parkside Drive near East Towne Mall.

After School Program Happenings

By: Gina Ostrowski, Program Coordinator

I am excited to share some of the activities and programs that will be happening during the after school program. On Mondays, the children will now also have the choice to be involved in social skills and character building activities. We have volunteers that will be helping the children with drama and plays. Also, there will be a member of the Boy Scouts presenting lessons that focus on creating positive traits in children, such as cooperation, responsibility, and fairness. On Thursdays, a few Kennedy Height youths will be mentoring and reading with the after school children. Similar to last semester there will be a volunteer demonstrating science experiments and activities. If you are interested in volunteering with the After School Program please contact Gina at the community center.

By Bea Elvord, grade 2, age 8

H\YfY'k UgU[]f' U'h5Zyf'GW'cc`k \c'X]Xbfi'k Ubh' hc`d'Urh' G\Y'X]Xbfi'k Ubh'hc`k f]hY' G\Y'X]Xbfi' k Ubh'hc` [c`ci hg]XY' G\Y'X]Xbfi'k Ubh'hc`d'Urh' g\W'cc`k]h' h\Y'ch\Yf'W.]XfYb' G\Y'X]Xbfi'k Ubh' to make play dough.

What was she going to play?

All she wanted to do was play on the computer. And she wanted to play Mancala with Gina. And she wanted to read a book.

Guess what?

In the end she got her way. She got to play what she wanted.



Early Childhood Program Update

By: Rachel Fisher

K \YfY'k]hYf3H\Y'W.]XfYb' really enjoyed the snow in December, especially building the snowman and making snowballs. Every-XUmh\YmUg`z]K \YfY'g'h\Y' g]ck`3`6i h'h\Y'i bgYUg'cbU' weather has allowed the program to spend more time outside.

The Early Childhood Program has been so lucky to have our volunteers from the Preschools of Hope project come into the classroom and play math and literacy games with our children. The children love the extra time they give and learn so much from the activities. The volunteers

truly enrich the classroom. A huge thank you to all our volunteers!

Mark your calendars: Parents please remember March 6th is Kindergarten registration day. And on May 6th our Early Childhood kids will be singing at the 20th anniversary festival.



We are on the Web!
www.kennedyheightscc.org



Kennedy Heights Community Center

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"All Dressed Up"

The Junior League and Klinke Cleaners will be hosting an event for high school girls called "All Dressed Up" - it's a two day event, Saturday April 1st and Sunday April 2nd, held at the Quality Inn & Suites in Fitchburg where girls who might not normally be able to afford prom dresses can come and pick out a new or gently used prom dress, shoes, accessories, etc. - all free of charge.

Additionally, seamstresses will be on site to provide alterations, also free of charge. Any girl who can benefit from this is invited to come; all she will need is her student ID.

More information at:
www.juniorleagueofmadison.org

Welcome the New Girl Neighborhood Power Coordinator



By: *Emily Sienkiewicz*

My name is Emily Sienkiewicz and I am the new Girl Neighborhood Power coordinator at the Center. I am extremely excited to be involved in such a wonderful program and have the opportunity to become part of the Kennedy Heights team. I have recently moved to the Madison area from my hometown in Massachusetts. I grew up in a suburb of Boston and lived there until I attended Boston University where I received a BA in Art History. Professionally I have worked in many environments that have incorporated my love of both art and kids. Working in the education departments wonderful opportunities to support children of all ages as they explore the artistic and cultural experiences that the world has to offer. In my free time, I enjoy reading, going to the movies, watching sports and creating artwork of my own.

As the new coordinator of the Girl Neighborhood Power program, I am hoping to build upon the already impressive foundation that has been established here at Kennedy Heights Community Center. I do look forward to bringing new, fresh ideas of my own as well as listening to what the girls have to say. Hopefully, together we can create a program that is fun, educational and provides great support as the girls grow older. I am anxious to get all the girls involved in the neighborhood as well as the rest of the community involved with Girl Power.

If you have any questions, ideas, or comments please feel free to contact me at the office by phone 244-0767 or by e-mail girlneighborhoodpower@gmail.com.

I look forward to getting to know the community and sharing new experiences.